

NurtureGroup

Free Play & Support Group

We offer a safe and secure environment for children from birth to starting school, who have been impacted by a premature or sick birth with time in a neonatal unit, prenatal anomaly, injury or condition in the first 5 years of life resulting in ongoing medical challenges.

NurtureGroups are designed so children can learn and develop through play, whilst offering families ongoing peer support with a strict Wellness Policy in a safe and inclusive environment.

Parents and carers can exchange ideas on parenting, tackle medical issues, share stories, build support networks, form friendships and ease the isolation that can often be felt by families.

Please register online

NSW - Penrith 2025

Wednesday Fortnightly, 10.00am - 12.00pm
Jordan Springs Community Hub
2/6 Cullen Ave
Jordan Springs



February 5, 19

March 5, 19

April 2, 16, 30

May 14, 28

June 11, 25

July 9, 23

August 6, 20

September 3, 17

October 1, 15, 29

November 12, 26

December 10

NurtureGroup has a strict wellness policy for all attendees.



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